

MITI Scoring and Feedback Worksheet

Tape: 120

Rating Date:

Raw Scores	
Giving Information (not benchmarked)	<input type="text" value="7"/>
MI Adherent (ask permission, affirm, emphasize control, support)	<input type="text" value="5"/>
MI Non-Adherent (advise, confront, direct)	<input type="text" value="3"/>
Closed Questions	<input type="text" value="9"/>
Open Questions	<input type="text" value="14"/>
Total Questions	<input type="text" value="23"/>
Simple Reflections	<input type="text" value="14"/>
Complex Reflections	<input type="text" value="8"/>
Total Reflections	<input type="text" value="22"/>

Feedback Report	Beginning Proficiency	Competency	Your Score
Global Therapist Ratings - 1-7 Scale			
Empathy/Understanding	5	6	<input type="text" value="5"/>
"Spirit" – Autonomy Support, Collaboration, Evocation	5	6	<input type="text" value="4"/>
Behavior Counts			
Reflection to Question Ratio (R:Q)	1	2	<input type="text" value="0.956521739"/>
Percent Open Questions (%OC)	50%	70%	<input type="text" value="60.86956522"/>
Percent Complex Reflections (%CR)	40%	50%	<input type="text" value="36.36363636"/>
Percent MI-Adherent (% MIA)	90%	100%	<input type="text" value="92.30769231"/>

Notes: Very supportive/empathic, with effort to understand client's helplessness. Also an urgency to solve client's problem (do you agree?) and lots of advice. Did you notice that the client kept giving reasons why he couldn't follow your advice?

Suggestion: (1) View the last example on New Mexico tape C as a good demo of avoiding getting sucked into the client's helplessness while maintaining "spirit." (2) Try asking client what has been best advice they have received in past to engage more actively in problemsolving. (3) Continue use of reflections to express empathy!